MONTHLY NEWSLETTER

Hello, January!

Cheers to 2025:

A Year of New Beginnings!

COMMUNITY ACTIVITIES

Events for Children in January

Click here

Autism Society
of Greater Phoenix
Virtual Game Night
4th Monday

Click here

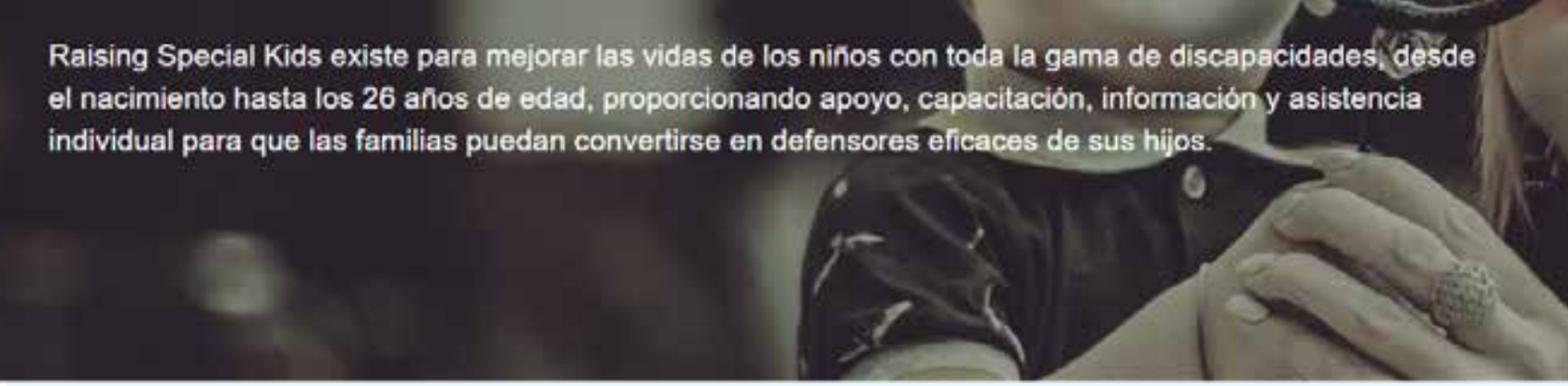
Parent and Family Events

Click here

Moms' Night Out
In-Person

Click here

Raising Special Kids – Criando Niños Especiales
Ayuda y Esperanza para las Familias



Click here

Arizona Autism COALITION

2025 DAY OF LEARNING SERIES

Each DAY OF LEARNING includes

- *Informative & Interactive Sessions*
- *Continental Breakfast, Hot Lunch Buffet, All Day Beverages & Snack Breaks*
- *Continuing Education Certificates*
- *Sponsor & Exhibitor Resource Fair*
- *Complimentary Parking*
- *Affordable Pricing- Thanks to Generous Sponsors!*

Upcoming 2025 Dates:
January 25 | July 26 | October 18

Location:
Desert Willow Conference Center
4340 E Cotton Center Blvd
Phoenix, AZ

DAYS	HOURS	MINUTES	SECONDS
35	00	40	28

Information sharing and networking for professionals, families, self advocates or anyone supporting individuals with Autism and Neurodivergent conditions.

Click here

OUR ABS STAFF

Extending Warm Birthday Wishes

to our team members celebrating this month

Leonor Torres
January 17

Lisnely Madrigal
January 27

Eva Valenzuela
January 28

Hall of Fame

This month, we are thrilled to recognize the outstanding work of **Ivon Martinez.**
Her dedication, positivity, and unwavering commitment to excellence have made a significant impact on our team and the clients we serve. Ivon consistently goes above and beyond, embodying the values that make ABS extraordinary. Thank you, Ivon, for your hard work, compassion, and the difference you make every day. We are so proud to have you as part of our ABS family!

Ivon Martinez

ABS ACTIVITIES

PARENT TRAINING

Online / In-person

STEP BY STEP:
PRACTICAL TOOLS TO ENHANCE LEARNING.

Parent Training

We’re thrilled to announce a Parent Training session this month, aimed at offering vital resources and support to families.

Scheduled for **January 25th, 2025, at 10:00 AM,** the session will focus on the topic **"Step by Step: Practical Tools to Enhance Learning."**

This training is a valuable opportunity for parents to gain the tools and insights they need to effectively support their child's growth. With both in-person and virtual attendance options, we’ve made it accessible for everyone. We highly recommend all parents participate in this session to deepen their engagement in their child's therapy process.

Craft Day in ABS

DATE: January 15

ACTIVITY: Winter Snowman Name

SUPPLIES NEEDED:

- Cardstock, shades of blue

- Cardstock, white, orange and black
- Small googly eyes
- Black sharpie
- Pipe cleaner
- Pom Poms
- White paint
- Qtips
- Circle punch
- Glue stick

INSTRUCTIONS:

1. Cut out snowman head and body circles (2 inches or desired size).
2. Cut blue paper in half vertically; add extra for longer names.
3. Have your child write their name on the circles, leaving extras for the face.
4. Glue circles to the blue paper to spell the name.
5. Use a black sharpie and orange cardstock for the snowman's face.
6. Create a hat from black paper or make earmuffs with pom poms and pipe cleaner.
7. Dip q-tips in white paint and dab around the snowman. Let it dry.

Let's get creative and enjoy a fun-filled Craft Day!

Welcome to 2025 from the ABS Family!

At ABS, we are committed to growth, learning, and making a meaningful impact every day. In 2025, we look forward to new opportunities to thrive together, both personally and professionally.

We are truly grateful for the dedication and hard work of our ABS family and can't wait to see all that we'll accomplish this year.

2025

Our Communication Channels

At ABS, we value staying connected with our families. Here are the official communication channels where you can reach us. Among the multiple ways to communicate with us are email, phone, and social media platforms. To make things easier, **scan the QR code provided to quickly add us to your contacts.**

We're here to assist you, let's stay connected!

AmericanBehavorialSolutionsABS

@americanbehavioralsolutions

@AmericanBehavioralSolutions

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1 (800) 594-4445 (Toll free)
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absfamily@americanbehavioralsolutions.com

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Martin Luther King Jr. Day:

Honoring a Legacy of Equality and Service

On January 20th, we celebrate the **life and legacy** of **Dr. Martin Luther King Jr.**, a champion of civil rights and justice.

His commitment to equality, service, and positive change continues to inspire us all.

New Year, New Routines:

Tips for a Positive Start to January

Start the year strong with these simple ABA tips to support your child's growth:

1. **Establish a Routine:** Use visual schedules to help your child transition back to daily activities like school and therapy.
2. **Set Small Goals:** Work on simple, achievable goals and celebrate small successes to encourage progress.

3. **Practice Social Skills:** Play games that involve turn-taking, sharing, and teamwork to build communication and patience.
4. **Try New Activities:** Introduce a new hobby or task to develop problem-solving and independence.
5. **Ease Transitions:** Use timers or visual cues to reduce anxiety when shifting between activities.

Let's make January a month of growth, learning, and positive habits!

Our Monthly Musings

This month, we focus on Thanksgiving as a wonderful opportunity to teach social skills like gratitude, sharing, and turn-taking. While the holiday can sometimes feel overwhelming, ABA strategies can help make it a positive and successful experience. Join us as we share practical tips for caregivers and therapists to encourage these skills and create meaningful moments during the festivities. Find it in the following link:

Click here